



RV ROUNDUP

Growing Together in Community

Vol. 2, Issue 10

November 2015

Dear RV Family,

This season focuses on thankfulness—whether it’s a touching story in a magazine or printed on a napkin! Clearly an attitude of gratitude is the wisest and healthiest way to go. But what do we do when we can’t seem to find our place in all that?

The fact comes before the feeling. The fact will eventually *bring about* the feeling. This may sound superficial, but it is actually quite true.

God’s Word underscores the importance of adopting an attitude of thankfulness. Put this attitude in action, regardless of how you feel. The feelings *will* follow. God repeatedly specifies our need to be thankful in our relationship with Him. It’s right up there with worship, faith and obedience.

1 Thessalonians 5:16–18 directs us to *Be joyful always, pray continually, give thanks in all circumstances, for this is God’s will for you in Christ Jesus*. Living this out in whatever way possible—even if mechanical at first—is also contagious to others and *spreads everywhere the fragrance of the knowledge of (Christ.)* A promise in Psalm 100, that assures us of God’s goodness, can be instrumental in shepherding us along in this direction. Verse 45 tells us to *enter his gates with thanksgiving, and his courts with praise. Give thanks and praise his name, for the Lord is good and his love endures forever, his faithfulness continues to all generations*.

If feeling thankful seems out of reach, ask God to help you. At the end of each day, write down three things you are thankful for. At first they might be general, but as time goes on you will walk through your day more aware of being thankful. Soon you will record more than just three things.

Philippians 4: 6–7 which contains the word thanksgiving, is an amazing and quite wonderful invitation from God. *Do not be anxious about anything, but in everything by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*



We will have a special meal at my space 116 on Thanksgiving Day, Thursday, November 26, 2015 from 11:00 a.m. to 1:00 p.m. I’d love to have you come join us!

Thankful for you,
Your RV Rev. Tamara John

Happy November to all!



The cool breezes are wonderful after all of the heat we've had! Fall has finally arrived! I love this time of year. My thoughts turn to all things autumn and...SWEET POTATOES!

I've included two sweet potato recipes in this issue—one for a crock pot, and the other oven roasted. When I was first married, I put sweet potatoes in the oven with marshmallows on top and ALWAYS forgot to check them, inevitably producing a prizewinning charcoal sculpture!!! Not this year!

Your friend,
Lou

RECIPES OF THE MONTH

CRISPY ROASTED SWEET POTATOES WITH LIME

- 4 sweet potatoes (3 lbs.), cut into wedges
- 2 tablespoons olive oil
- ½ teaspoon lime zest
- ½ teaspoon each salt and black pepper
- 2 tablespoons lime juice, 3 tablespoons chopped fresh cilantro

Heat oven to 425 degrees. Toss sweet potatoes, oil, lime zest, and salt & pepper on 2 rimmed baking sheets. Roast, toss once, til golden brown, 15–18 minutes. Drizzle with lime juice. Sprinkle with cilantro.

CURRIED SWEET POTATO AND CARROT SOUP

- 2 med to large sweet potatoes, peel & cut into 3/4" dice (about 5 cups)
- 2 cups baby carrots
- ½ teaspoon ground cinnamon
- ¼ teaspoon ground ginger
- 1 small onion, chopped
- 4 c. chicken broth
- ¾ teaspoon curry powder
- ½ teaspoon each, salt & pepper
- 1 tablespoon maple syrup
- ¾ c. half-and-half

Place sweet potatoes, carrots, onion, curry powder, salt, pepper, cinnamon and ginger in a 5-quart crock-pot slow cooker. Add chicken broth. Stir well to combine. Cover, cook on low 7 to 8 hours.

Puree soup, 1 cup at a time, in blender. Return soup to slow cooker. Add maple syrup and half-and-half. Add salt and pepper, if desired. Cover; cook on High 15 minutes to reheat.

POTATO PLANT UPDATE

The variety of potatoes we put on top of the soil some months ago in the Hope For Life Chapel planter have indeed grown into beautiful, lush green plants. However our previous resident farmer John lovingly covered them with a proper blanket of soil before he moved, and now we can't tell the sweet potato from the blue, gold or red potato! It will add to the fun when we make our best guess, harvest them and make a most interesting potato salad! We'll have it at one of the monthly Friday Fun Nights for all to try.

An area under the rubber tree in my backyard is hard as a rock. I thought laying out some potatoes like we did in the planter was going to result in a beautiful covering of lush greenery. The morning after I left a sweet potato on top of the soil, there was chunk missing with some definite teeth marks. The morning after that, the **WHOLE THING** had been hauled off. **SCARY!** I think I'll stick to the natural ground cover of decomposing leaves!!

KIDS' CORNER

TODAY'S RIDDLE (The answer is in code with numbers for the letters of the alphabet.)

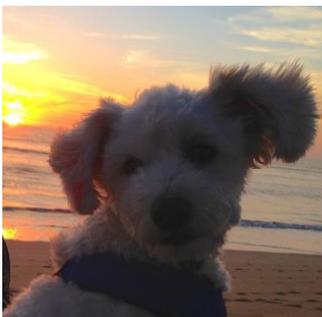
What kind of car did the Pilgrim drive?

Answer: 1 16 12 25 13 15 21 20 8

THANKSGIVING TURKEY You need a piece of paper and some brown, yellow and red paint. Make orange paint by mixing the red and yellow. Paint your hand different colors and stamp onto the piece of paper to create a fan of feathers for the background. Now paint your foot brown and step upside down on the other dried colors. Draw in a face!



JOBIE'S PET PRAYER LINE AND MORE



Jobie sends a special holiday woof out to all his friends in the park, reminding all of us that not only is a dog man's best friend, but you are the best friend to your dog as well. So take time to get out for an extra special walk or playtime and share the love!

JOBIE'S ECO TIP Pets don't need TV dinners! Avoid single-serving pouches of dog and cat food. These imitations of human prepackaged meals are a waste of money and packaging. Buy your pet food in bulk; and if you buy them at all, save these dainty sachets for occasional pet meals away from home.

Email loufedermann@aol.com or call 714-328-6753 to share your pet's prayer request.

2015 WEEKLY SCHEDULE OF GOINGS ON AT HOPE FOR LIFE CHAPEL

SUNDAY CHAPEL SERVICE 5:00 P.M.

Overview of the Bible–Dinner Served

THURSDAY NIGHT STUDY 6:30 P.M.

Prayer and Personal Reflection

FRIDAY FUN NIGHT

First Friday of Every Month–BBQ Dinner and Entertainment

SATURDAY MORNING PRAYER 8:30–9:30

Location: In Prayer Garden
Tea, Coffee & Pastries Served

SATURDAY MORNING EXERCISE 10:00 – 11:00

SPECIAL EVENT IN NOVEMBER

THURSDAY, NOVEMBER 26, 2015 11:00 AM–1:00 PM

Thanksgiving Lunch

May every cool breeze, falling leaf and drop of rain remind you of the Heavenly Father who says *He knows every sparrow that falls to the ground and you are worth more than many sparrows!*

As always, I'm delighted to receive your comments, suggestions and submissions. Please contact me at loufedermann@aol.com or call 714 328-6753.